



REPLY TO
ATTENTION OF

DEPARTMENT OF THE ARMY
US ARMY INSTALLATION MANAGEMENT COMMAND
HEADQUARTERS, UNITED STATES ARMY GARRISON, FORT SILL
4700 MOW-WAY ROAD, SUITE 100
FORT SILL, OKLAHOMA 73503

IMSI-MWR

7 November 2011

MEMORANDUM FOR DISTRIBUTION

SUBJECT: 2012 Fort Sill 10K Run Memorandum of Instruction

1. PURPOSE.

This memorandum, IAW USAFCEFS PAM 215-1, prescribes the procedures and rules for conduction the 2012 Fort Sill Intramural 10K Run.

2. GENERAL.

- a. The 2012 Fort Sill 10K Run will be scheduled as follows:

Entry Suspense

Post Championship

Tuesday, 9 Oct 2012

Friday, 12 Oct 2012

- b. **Race Information:** Registration deadline is 9 October 2012. Registrations must be sent to the Sports Office with the following information: Name, Gender, Age, and Brigade before COB 9 October 2012. **No day-of registration available.** Race will be timed using chip timing. Timing chips are required of all registered participants and will be available for pick up at the Start / Finish line from 0500-0545. Runners racing without a timing chip will not receive an official time for the race. The race will start at 0600, Friday 12 October 2012 at the Impact Zone.

3. ELIGIBILITY AND TEAM COMPOSITION:

- a. IAW USAFCEFS PAM 215-1, only active duty military personnel assigned or attached to Fort Sill on official orders are eligible to participate.
- b. Registration is for participants wishing to be timed and compete for Commander's Cup Points. Unit formations and PT runners do not need to register, but may still participate.

4. AWARDS:

- a. Medals will be presented to the top three finishers in each age category.

MEN

WOMEN

34 & Under

34 & Under

35 – 39

35 – 39

40 & Over

40 & Over

- b. Team trophies will be presented to 1st and 2nd Place teams. Placing will be determined IAW USAFCOEFS, PAM 215-1, Para 19c & d.

RANDY C. WARD
Intramural Sports Programmer