



REPLY TO
ATTENTION OF

DEPARTMENT OF THE ARMY
US ARMY INSTALLATION MANAGEMENT COMMAND
HEADQUARTERS, UNITED STATES ARMY GARRISON, FORT SILL
4700 MOW-WAY ROAD, SUITE 100
FORT SILL, OKLAHOMA 73503

IMSI-MWR

7 July 2011

MEMORANDUM FOR DISTRIBUTION

SUBJECT: 2012 Fort Sill Intramural Swimming Championship Memorandum of Instruction

1. PURPOSE.

This memorandum, IAW USAFCOEFS PAM 215-1, prescribes the procedures and rules for conduction the 2012 Fort Sill Intramural Swimming Championship.

2. GENERAL.

a. The 2012 Fort Sill Swimming Championship will be scheduled as follows:

| <u>Entry (LOI) Suspense</u> | <u>Coaches Meeting</u> | <u>Post Championships</u> |
|-----------------------------|------------------------|---------------------------|
|-----------------------------|------------------------|---------------------------|

| | | |
|-------------------|--------------------|-------------|
| Tues, 25 Sep 2012 | Thurs, 27 Sep 2012 | 29 Sep 2012 |
|-------------------|--------------------|-------------|

b. The coaches meeting will be held at 1130 hrs on 27 Sep 2012 at the Rec Plex, Bldg 2502 on Sheridan Rd, Fort Sill.

3. ELIGIBILITY:

a. IAW USAFCOEFS PAM 215-1, Para 7, page 3.

b. Participation is unlimited.

4. MEET CONDUCT::

a. The 2012 Post championship Swim Meet will be held at Rinehart Indoor Pool on 29 Sep 2012.

b. A mandatory coach's clinic will be held Thursday, 27 September 2012, at the Rec Plex at 1130 hours. The following issues will be handled at the meeting.

(1) Coaches will turn in entries for all meet events.

(2) Swim Meet procedures will be discussed.

(3) All entries must be submitted at this meeting, only scratches and replacements will be accepted on the day of the race.

5. MEET SCHEDULE:

| | |
|-----------|----------------------------|
| 0730 | Rinehart Indoor Pool opens |
| 0730-0815 | Warm-up session |

0815-0830 Coaches meeting (Heat sheets issued and scratches identified)
0820-0830 Timers meeting
0830 Meet begins

6. EVENTS: The completion consist of the following events in order: All events are timed as finals.

1. Women 400m Free Relay
2. Men 400m Free Relay
3. Women 50m Free
4. Men 50m Free

INTERMISSION 15 MINUTES

5. Women 200m IM
6. Men 200m IM
7. Women 800m Free
8. Men 800m Free

INTERMISSION 15 MINUTES

9. Women 100m Breast Stroke
10. Men 100m Breast Stroke
11. Women 100m Back
12. Men 100m Back
13. Women 100m Butterfly

INTERMISSION 15 MINUTES

14. Men 100m Butterfly
15. Women 100m Free
16. Men 100m Free
17. Women 200m Medley Relay
18. Men 200m Medley Relay

7. AWARDS: Individual medals, for 1st, 2nd and 3rd place finishers will be presented during intermission. Team trophies will be presented for 1st and 2nd place teams at the conclusion of the swim meet.

8. SCORING SYSTEM. The scoring for all events is listed below.

Individual

| | |
|-----------------|-------|
| 1 st | 5 pts |
| 2 nd | 3 pts |
| 3 rd | 1 pt |

Relay

| | |
|-----------------|--------|
| 1 st | 10 pts |
| 2 nd | 5 pts |
| 3 rd | 2 pts |

RANDY C. WARD
Intramural Sports Programmer